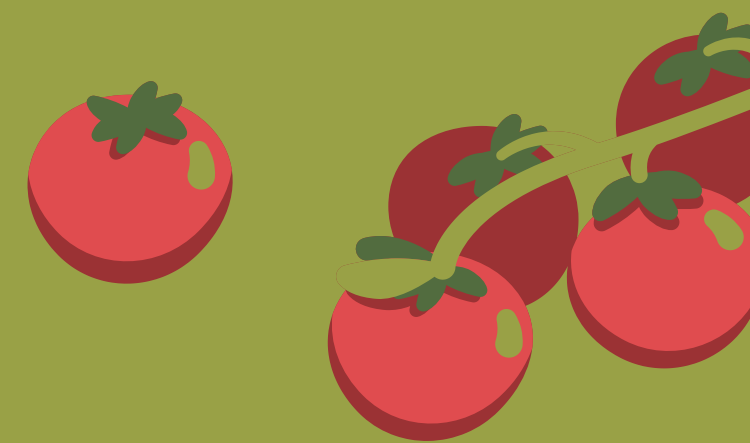




**WHAT FRUIT OR
VEGETABLE ARE**



YOU?



Take this 4 question quiz to find out!

START



WHAT IS YOUR FAVORITE THING TO DO IN YOUR FREE TIME?



A: Dance in the dining room

B: Sing in the shower

C: Pub Crawl

D: Try a new recipe

ARE YOU A “PUT IT OFF UNTIL TOMORROW” TYPE OF PERSON OR A “GET IT DONE NOW AND FORGET” PERSON?

A

I do it
immediately,
the sooner
the better!

B

I will get it
done as soon
as I have time


C

I may not get to
it until later but
I will meet the
deadline

D

I may or may not
do it, I will see
where it lands on
my list of
priorities





IF YOU COULD HAVE ANY JOB IN THE WORLD, WHAT WOULD IT BE?

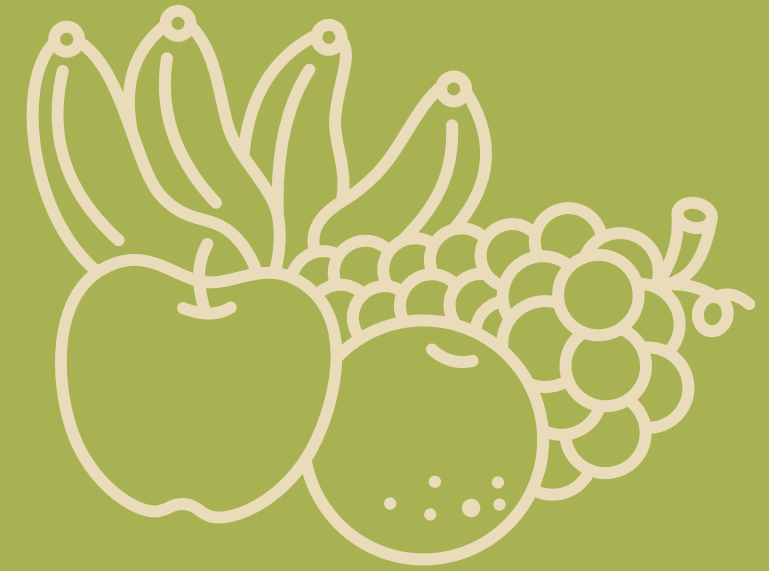
A: Secret Shopper

B: Professional Ice Cream Taster

C: Sky Diving Instructor

D: I'm already doing my dream job!

IF YOU WON THE LOTTERY, WHAT IS THE FIRST THING YOU DO?



A Quit your job

C Pay off your debt

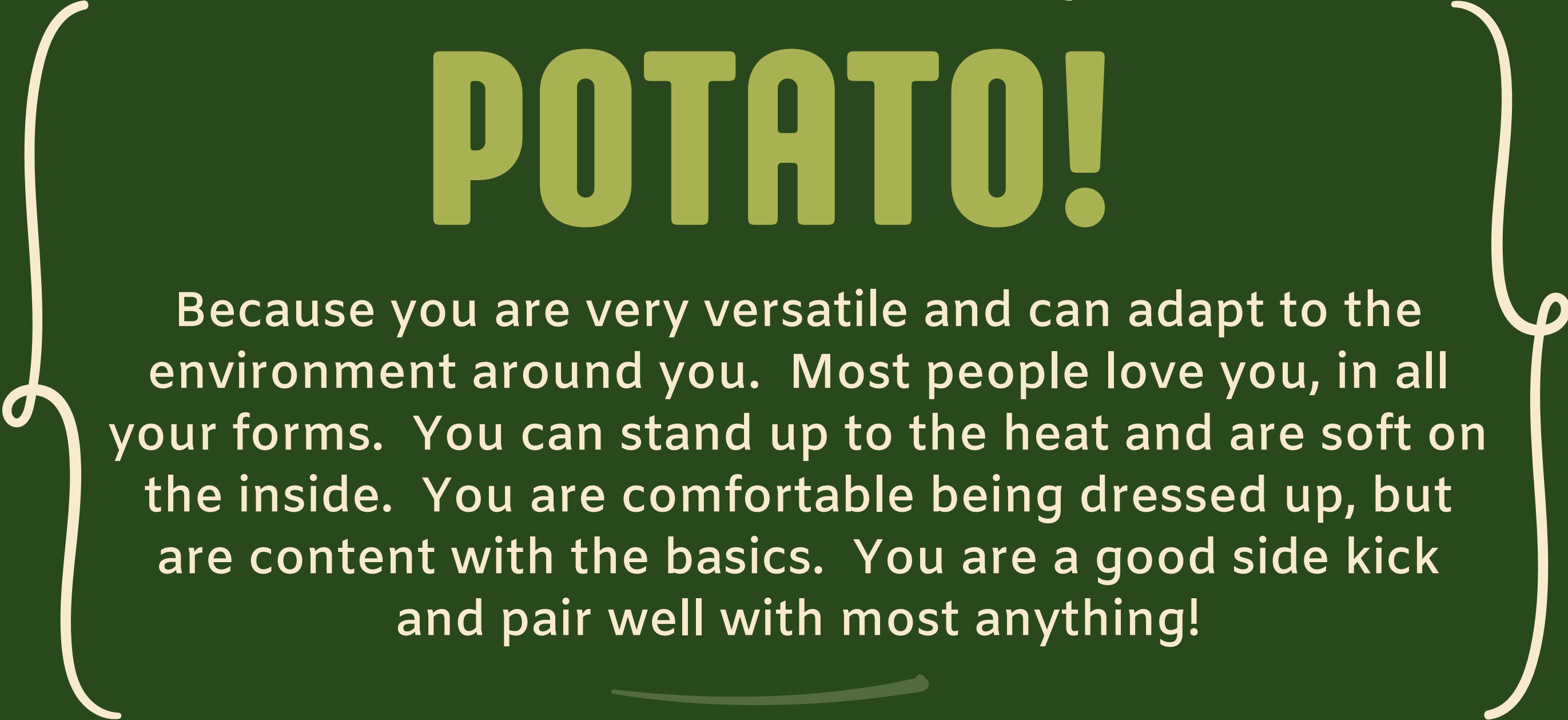
B Cash in your dollar
and buy more tickets

D Invest in
Cryptocurrency.


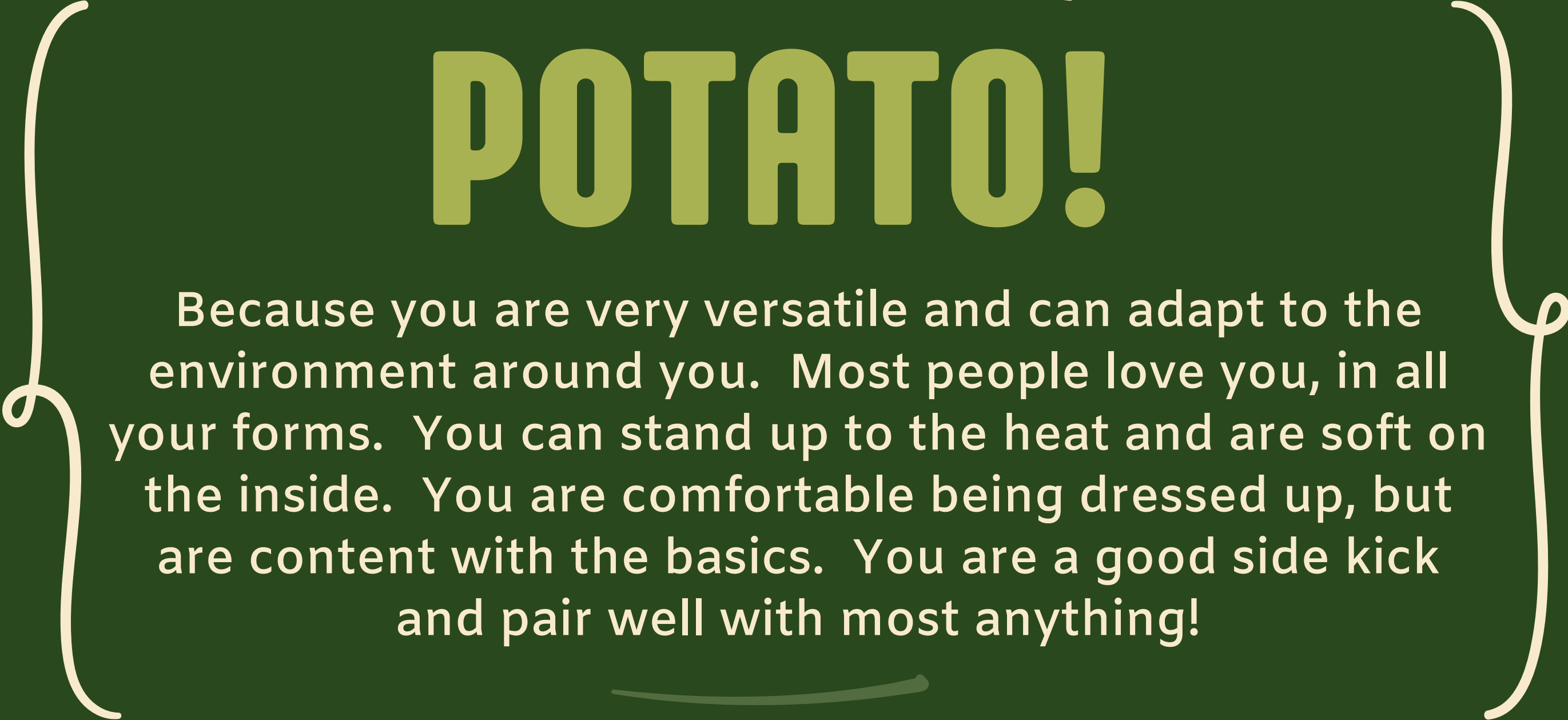





YOU ARE A POTATO!



Because you are very versatile and can adapt to the environment around you. Most people love you, in all your forms. You can stand up to the heat and are soft on the inside. You are comfortable being dressed up, but are content with the basics. You are a good side kick and pair well with most anything!



Did you know that March is National Nutrition Month? To learn more about nutrition and healthy eating, schedule an appointment with an IACH Dietitian by calling 785-239-7644.





YOU ARE A PINEAPPLE!

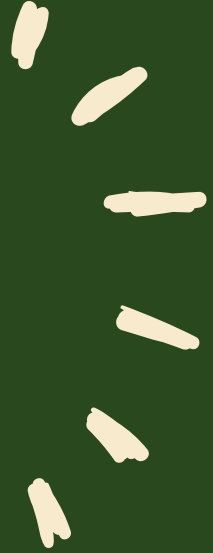
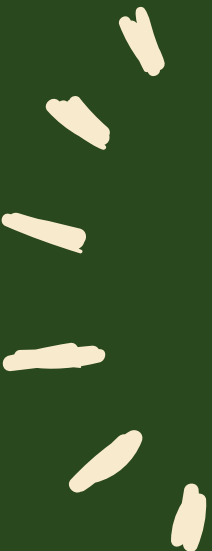
Because you are tough on the outside but are also sweet and and well rounded. People like you and tend to treat you like royalty. Adjust that crown and wear it with pride! Did you know that a pineapple is not a pine nor an apple, but actually a berry?

Did you know that March is National Nutrition Month? To learn more about nutrition and healthy eating, schedule an appointment with an IACH Dietitian by calling 785-239-7644.







YOU ARE A TOMATO!



Because you have a **vibrant** personality. You are very outgoing and mix well with others. It's always a party when you're around! While you do enjoy all four seasons, you are at your peak in summertime. You love adding a little color and flair to any summer gathering!



Did you know that March is National Nutrition Month? To learn more about nutrition and healthy eating, schedule an appointment with an IACH Dietitian by calling 785-239-7644.



YOU ARE A KUMQUAT!

Because you have a soft outer layer that is very sweet, but inside you are sometimes bitter. You like to hang out in groups. You have a uniqueness in that not a lot of people know about you. You are classic because you have withstood the test of time.

Did you know that March is National Nutrition Month? To learn more about nutrition and healthy eating, schedule an appointment with an IACH Dietitian by calling 785-239-7644.

